

An introduction to the geometry of metric spaces

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Abstract

These informal notes deal with some basic properties of metric spaces, especially concerning lengths of curves.

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1 Definitions and notation

A *metric space* is a nonempty set M with a distance function $d(x, y)$ defined for every $x, y \in M$. More precisely, $d(x, y)$ is supposed to be a nonnegative real number which is equal to 0 if and only if $x = y$, which is symmetric in x and y in the sense that

$$(1.1) \quad d(y, x) = d(x, y),$$

and which satisfies the *triangle inequality*

$$(1.2) \quad d(x, z) \leq d(x, y) + d(y, z)$$

for every $x, y, z \in M$. For example, the *discrete metric* is defined by putting $d(x, y) = 1$ when $x \neq y$, and it is easy to see that this satisfies the preceding conditions.

A more interesting example is the real line \mathbf{R} with the standard metric. If x is a real number, remember that the *absolute value* $|x|$ is defined by $|x| = x$ when $x \geq 0$ and $|x| = -x$ when $x \leq 0$. It is well known and easy to check that

$$(1.3) \quad |x + y| \leq |x| + |y|$$

for every $x, y \in \mathbf{R}$, and the standard metric on \mathbf{R} is defined by

$$(1.4) \quad d(x, y) = |x - y|.$$

If $(M, d(x, y))$ is any metric space and E is a nonempty subset of M , then the restriction of $d(x, y)$ to $x, y \in E$ defines a metric on E , so that E becomes a metric space too.

Let $(M, d(x, y))$ be a metric space. The *open ball* $B(x, r)$ with center $x \in M$ and radius $r > 0$ is defined by

$$(1.5) \quad B(x, r) = \{y \in M : d(x, y) < r\}.$$

Similarly, the *closed ball* $\overline{B}(x, r)$ with center $x \in M$ and radius $r \geq 0$ is defined by

$$(1.6) \quad \overline{B}(x, r) = \{y \in M : d(x, y) \leq r\}.$$

Thus $\overline{B}(x, r)$ contains only x when $r = 0$.

A set $E \subseteq M$ is said to be *bounded* if there is a point $p \in M$ and a nonnegative real number t such that

$$(1.7) \quad d(p, x) \leq t$$

for every $x \in E$. By the triangle inequality, this implies that

$$(1.8) \quad d(q, x) \leq d(p, q) + t$$

for any $q \in M$ and $x \in E$. One can use this to check that the union of finitely many bounded sets is bounded.

2 Norms on \mathbf{R}^n

Fix a positive integer n , and let \mathbf{R}^n be the space of n -tuples $x = (x_1, \dots, x_n)$ of real numbers. As usual, the sum $x + y$ of $x, y \in \mathbf{R}^n$ is defined coordinatewise, so that the i th coordinate of $x + y$ is the sum of the i th coordinates of x and y , $1 \leq i \leq n$. If $t \in \mathbf{R}$ and $x \in \mathbf{R}^n$, then the scalar product tx is defined by putting its i th coordinate equal to tx_i .

A *norm* on \mathbf{R}^n is a nonnegative real-valued function $N(x)$ defined for $x \in \mathbf{R}^n$ such that $N(x) = 0$ if and only if $x = 0$,

$$(2.1) \quad N(x + y) \leq N(x) + N(y)$$

for every $x, y \in \mathbf{R}^n$, and

$$(2.2) \quad N(tx) = |t| N(x)$$

for every $t \in \mathbf{R}$ and $x \in \mathbf{R}^n$. In this case,

$$(2.3) \quad d(x, y) = N(x - y)$$

defines a metric on \mathbf{R}^n .

For example, the absolute value function $|x|$ is a norm on the real line. The standard Euclidean norm on \mathbf{R}^n is defined by

$$(2.4) \quad |x| = \left(\sum_{j=1}^n x_j^2 \right)^{1/2}.$$

It is well known that this satisfies the triangle inequality, and hence is a norm. The corresponding metric is the standard Euclidean metric on \mathbf{R}^n . As another example,

$$(2.5) \quad \|x\|_1 = \sum_{j=1}^n |x_j|$$

is a norm on \mathbf{R}^n . For any real number $p \geq 1$, it can be shown that

$$(2.6) \quad \|x\|_p = \left(\sum_{j=1}^n |x_j|^p \right)^{1/p}$$

is a norm on \mathbf{R}^n . This is the same as the standard Euclidean norm $|x|$ when $p = 2$, and the triangle inequality can be established using the convexity of the function $|r|^p$ on \mathbf{R} when $p \geq 1$. It is easy to check directly that

$$(2.7) \quad \|x\|_\infty = \max(|x_1|, \dots, |x_n|)$$

is a norm on \mathbf{R}^n . Because

$$(2.8) \quad \|x\|_\infty \leq \|x\|_p$$

and

$$(2.9) \quad \|x\|_p \leq n^{1/p} \|x\|_\infty,$$

when $1 \leq p < \infty$, $\|x\|_p \rightarrow \|x\|_\infty$ as $p \rightarrow \infty$.

If N is any norm on \mathbf{R}^n , then

$$(2.10) \quad N(x) \leq N(y) + N(x - y)$$

and

$$(2.11) \quad N(y) \leq N(x) + N(x - y),$$

and hence

$$(2.12) \quad |N(x) - N(y)| \leq N(x - y)$$

for every $x, y \in \mathbf{R}^n$. This implies that N is continuous with respect to the metric associated to N . One can also check that N is bounded by a constant times the Euclidean norm on \mathbf{R}^n . It follows that N is continuous with respect to the standard Euclidean metric on \mathbf{R}^n .

3 The unit circle

The unit circle \mathbf{S}^1 is the set of $x = (x_1, x_2) \in \mathbf{R}^2$ such that $|x| = 1$, or

$$(3.1) \quad x_1^2 + x_2^2 = 1.$$

The restriction of the standard Euclidean metric $|x - y|$ on \mathbf{R}^2 to $x, y \in \mathbf{S}^1$ defines a metric on \mathbf{S}^1 , but there is another metric that is more intrinsic. Specifically, let $d(x, y)$ be the length of the shorter arc connecting x to y in \mathbf{S}^1 . This is the same as the angle at the origin between the line segments to x and y . Clearly $d(x, y) \geq 0$ is symmetric in x and y , and is equal to 0 exactly when $x = y$. The total length of the unit circle is 2π , and hence

$$(3.2) \quad d(x, y) \leq \pi$$

for every $x, y \in \mathbf{S}^1$. Furthermore,

$$(3.3) \quad d(x, y) = \pi$$

if and only if x and y are antipodal points in the circle, which means that $y = -x$. If $x, y, z \in \mathbf{S}^1$, then the shorter arcs connecting x to y and y to z can be combined to get an arc between x and z , which implies that the triangle inequality holds.

There is a simple relationship between $d(x, y)$ and $|x - y|$, which is that

$$(3.4) \quad \sin\left(\frac{d(x, y)}{2}\right) = \frac{|x - y|}{2}.$$

In particular,

$$(3.5) \quad |x - y| \leq d(x, y) \leq \frac{\pi}{2} |x - y|$$

for every $x, y \in \mathbf{S}^1$. This can be improved when $|x - y|$ is small, since

$$(3.6) \quad \lim_{r \rightarrow 0} \frac{\sin r}{r} = 1.$$

Specifically, for every $\epsilon > 0$ there is a $\delta > 0$ such that

$$(3.7) \quad d(x, y) \leq (1 + \epsilon) |x - y|$$

when $|x - y| < \delta$.

Put

$$(3.8) \quad e(t) = (\cos t, \sin t)$$

for each $t \in \mathbf{R}$. This defines a mapping from the real line onto the unit circle that satisfies

$$(3.9) \quad e'(t) = \frac{d}{dt}e(t) = (\sin t, -\cos t).$$

Hence

$$(3.10) \quad |e'(t)| = 1$$

for every $t \in \mathbf{R}$, which means that the length of the arc traced by $e(t)$ for $a \leq t \leq b$ is equal to $b - a$ for every $a, b \in \mathbf{R}$ with $a \leq b$. Thus

$$(3.11) \quad d(e(a), e(b)) = b - a$$

when $b - a \leq \pi$.

4 A little geometry

Let P be a plane in \mathbf{R}^n . If $x \in \mathbf{R}^n$ and $x \notin P$, then there is a unique point $x' \in P$ such that the line in \mathbf{R}^n passing through x and x' is perpendicular to P . If $x \in P$, then put $x' = x$.

For each $p \in P$,

$$(4.1) \quad |x - p|^2 = |x - x'|^2 + |x' - p|^2.$$

If $r \geq |x - x'|$, then

$$(4.2) \quad |x - p| = r$$

is equivalent to

$$(4.3) \quad |x' - p| = \tilde{r}, \quad \tilde{r}^2 = r^2 - |x - x'|^2$$

for $p \in P$.

Fix $q \in P$ and $t > 0$, and consider

$$(4.4) \quad \{p \in P : |p - q| = t\}.$$

The maximum and minimum of $|x' - p|$ on this set occur on the line through x' and q when $x' \neq q$. The maximum and minimum of $|x - p|$ on this set occur at the same points.

5 The unit sphere

For each positive integer n , let \mathbf{S}^{n-1} be the unit sphere in \mathbf{R}^n , consisting of the $x \in \mathbf{R}^n$ such that $|x| = 1$. This is the unit circle when $n = 2$, and it contains only the two elements ± 1 when $n = 1$. Let us focus now on the case where $n \geq 3$. As before, the restriction of the Euclidean metric $|x - y|$ to $x, y \in \mathbf{S}^{n-1}$ defines a metric on \mathbf{S}^{n-1} . The *spherical metric* $d(x, y)$ can be defined by the conditions

$$(5.1) \quad 0 \leq d(x, y) \leq \pi$$

and

$$(5.2) \quad \sin\left(\frac{d(x, y)}{2}\right) = \frac{|x - y|}{2}$$

for every $x, y \in \mathbf{S}^{n-1}$. This is symmetric in x and y , and equal to 0 exactly when $x = y$. In order to show that the triangle inequality holds, we would like to reduce to the case of the unit circle.

Let Q be a two-dimensional plane in \mathbf{R}^n passing through the origin. The intersection of Q with \mathbf{S}^{n-1} is a circle of radius 1, also known as a *great circle* in \mathbf{S}^{n-1} . We can think of $Q \cap \mathbf{S}^{n-1}$ as a copy of the unit circle, and $d(x, y)$ for $x, y \in Q \cap \mathbf{S}^{n-1}$ corresponds exactly to the metric defined previously on \mathbf{S}^1 . Thus $d(x, y)$ also satisfies the triangle inequality on $Q \cap \mathbf{S}^{n-1}$.

Let $x, y, z \in \mathbf{S}^{n-1}$ be given, and let us show that

$$(5.3) \quad d(x, z) \leq d(x, y) + d(y, z).$$

This is trivial when $x = y$, and so we may suppose that $x \neq y$. Let Q be the two-dimensional plane in \mathbf{R}^n passing through x, y , and the origin. Let A be the set of $w \in \mathbf{S}^{n-1}$ such that $|y - w| = |y - z|$, which is equivalent to $d(y, w) = d(y, z)$. This is an $(n - 2)$ -dimensional sphere contained in \mathbf{S}^{n-1} , except for the trivial cases where $z = y$ or $z = -y$ and A contains only z . We can also describe A as the intersection of \mathbf{S}^{n-1} with a certain hyperplane H in \mathbf{R}^n perpendicular to the line L through y and 0. Using geometric arguments as in the previous section, one can show that $|x - w|$ is maximized on A at a point $w_0 \in A \cap Q$. Hence $d(x, w)$ is maximized at the same point w_0 . We also have that

$$(5.4) \quad d(x, w_0) \leq d(x, y) + d(y, w_0),$$

because x, y , and w_0 are contained in the same great circle $Q \cap \mathbf{S}^{n-1}$. This implies that the triangle inequality holds for x, y , and z , since $d(y, z) = d(y, w_0)$ by definition of A and $d(x, z) \leq d(x, w_0)$ by maximization.

As in the case of the unit circle,

$$(5.5) \quad d(x, y) = \pi$$

exactly when x and y are antipodal points in \mathbf{S}^{n-1} , which means that $y = -x$. This is also equivalent to saying that x and y are contained in the same line passing through 0. For every $x, y \in \mathbf{S}^{n-1}$,

$$(5.6) \quad |x - y| \leq d(x, y) \leq \frac{\pi}{2} |x - y|,$$

and $d(x, y)$ is approximately the same as $|x - y|$ when x and y are close together, in the sense that for every $\epsilon > 0$ there is a $\delta > 0$ such that

$$(5.7) \quad d(x, y) \leq (1 + \epsilon) |x - y|$$

when $|x - y| < \delta$.

6 Supremum and infimum

A real number b is said to be an *upper bound* for a set $A \subseteq \mathbf{R}$ if $a \leq b$ for every $a \in A$, and a real number c is said to be a *lower bound* for A if $c \leq a$ for every $a \in A$. Note that A has both an upper and lower bound in \mathbf{R} if and only if A is bounded with respect to the standard metric on \mathbf{R} .

A real number α is said to be the *least upper bound* or *supremum* of a set $A \subseteq \mathbf{R}$ if α is an upper bound for A , and if $\alpha \leq b$ for every upper bound b of A . If $\alpha, \alpha' \in \mathbf{R}$ both satisfy these conditions, then it follows that $\alpha \leq \alpha'$ and $\alpha' \leq \alpha$, and hence $\alpha = \alpha'$. The *completeness property* of the real numbers states that a nonempty set $A \subseteq \mathbf{R}$ with an upper bound has a least upper bound, which is unique by the previous remark. The supremum of A is denoted $\sup A$ when it exists. If A has only finitely many elements, then the supremum of A is the same as the maximum of the elements of A . Otherwise, the supremum may not be an element of A . For example, if A is the set of all negative real numbers, then $\sup A = 0$ is not an element of A .

The *greatest lower bound* or *infimum* of a set $A \subseteq \mathbf{R}$ is defined analogously as a lower bound for A which is greater than or equal to any other lower bound of A . The infimum of A is unique when it exists, in which case it is denoted $\inf A$. It follows from the completeness property of the real numbers that A has an infimum when $A \neq \emptyset$ has a lower bound. Specifically, the infimum of A can be obtained as the supremum of the set of lower bounds for A . Alternatively, the infimum of A is the negative of the supremum of $-A = \{-a : a \in A\}$.

A set E in a metric space $(M, d(x, y))$ is bounded if and only if the set of real numbers $d(x, y)$, $x, y \in E$, has an upper bound. If $E \subseteq M$ is bounded and nonempty, then the *diameter* $\text{diam } E$ of E is defined by

$$(6.1) \quad \text{diam } E = \sup\{d(x, y) : x, y \in E\}.$$

7 Lipschitz mappings

Let $(M, d(x, y))$ and $(N, \rho(u, v))$ be metric spaces. A mapping $f : M \rightarrow N$ is said to be *Lipschitz* with constant $C \geq 0$ if

$$(7.1) \quad \rho(f(x), f(y)) \leq C d(x, y)$$

for every $x, y \in M$. We may also simply say that f is C -Lipschitz in this case. Thus a mapping is 0-Lipschitz if and only if it is constant.

A mapping $f : M \rightarrow \mathbf{R}$ is C -Lipschitz with respect to the standard metric on the real line if and only if

$$(7.2) \quad f(x) \leq f(y) + C d(x, y)$$

for every $x, y \in M$. This follows by interchanging the roles of x and y . In particular, $f_p(x) = d(p, x)$ is 1-Lipschitz for every $p \in M$.

Lipschitz mappings are automatically uniformly continuous. If f is a C -Lipschitz mapping from M into N and $E \subseteq M$ is nonempty and bounded, then

$$(7.3) \quad \text{diam}_N f(E) \leq C \text{diam}_M E,$$

where the subscripts indicate in which metric space the diameter is taken.

Let (M_1, d_1) , (M_2, d_2) , and (M_3, d_3) be metric spaces. If $f_1 : M_1 \rightarrow M_2$ and $f_2 : M_2 \rightarrow M_3$ are Lipschitz mappings with constants $C_1, C_2 \geq 0$, respectively, then the composition $f_2 \circ f_1 : M_1 \rightarrow M_3$ defined by $(f_2 \circ f_1)(x) = f_2(f_1(x))$ is Lipschitz with constant $C_1 C_2$.

8 Lengths of curves

Let $(M, d(x, y))$ be a metric space, and let a, b be real numbers with $a \leq b$. The closed interval $[a, b]$ is defined as usual as the set of real numbers t such that $a \leq t \leq b$. Let $p : [a, b] \rightarrow M$ be a continuous mapping, which is to say a continuous path in M defined on $[a, b]$.

A partition \mathcal{P} of $[a, b]$ is a finite sequence $\{t_j\}_{j=0}^n$ of real numbers such that

$$(8.1) \quad a = t_0 < t_1 < \cdots < t_n = b.$$

For each such partition \mathcal{P} , put

$$(8.2) \quad \Lambda_{\mathcal{P}} = \sum_{j=1}^n d(p(t_j), p(t_{j-1})).$$

This is an approximation to the length of $p(t)$, $a \leq t \leq b$. If $n = 1$, then

$$(8.3) \quad \Lambda_{\mathcal{P}} = d(p(a), p(b)).$$

We say that p has *finite length* if the numbers $\Lambda_{\mathcal{P}}$ have an upper bound, uniformly over all partitions \mathcal{P} of $[a, b]$. In this case, the *length* of p is denoted Λ and defined to be the supremum of the $\Lambda_{\mathcal{P}}$'s. Thus

$$(8.4) \quad d(p(a), p(b)) \leq \Lambda.$$

Similarly, one can show that $p([a, b])$ is a bounded set in M when p has finite length, and that

$$(8.5) \quad \text{diam } p([a, b]) \leq \Lambda.$$

The condition of finite length is already nontrivial when M is the real line equipped with the standard metric, for which it is known classically as bounded

variation. The length of a real-valued function is also known as the total variation. If $p : [a, b] \rightarrow \mathbf{R}$ is monotone increasing, then p has bounded variation, and the total variation of p is equal to $p(b) - p(a)$. However, one can give examples of continuous real-valued functions on closed intervals that do not have bounded variation.

9 Special cases

Let $(M, d(x, y))$ be a metric space, and let a, b be real numbers with $a \leq b$. We can think of $[a, b]$ as being equipped with the restriction of the standard metric on the real line. If $p : [a, b] \rightarrow M$ is C -Lipschitz for some $C \geq 0$, then $\Lambda_{\mathcal{P}} \leq C(b - a)$ for every partition \mathcal{P} of $[a, b]$. Thus p has finite length $\Lambda \leq C(b - a)$.

Suppose that M is \mathbf{R}^n with the standard Euclidean metric, and that $p : [a, b] \rightarrow \mathbf{R}^n$ is continuously differentiable. The fundamental theorem of calculus implies that

$$(9.1) \quad p(t) - p(r) = \int_r^t p'(u) du$$

when $a \leq r \leq t \leq b$. Because $p'(u)$ is continuous on $[a, b]$, $|p'(u)|$ is bounded on $[a, b]$, and p is Lipschitz on $[a, b]$. It follows that p has finite length on $[a, b]$.

In this case, the length Λ of p on $[a, b]$ is given by

$$(9.2) \quad \Lambda = \int_a^b |p'(u)| du.$$

For if \mathcal{P} is any partition of $[a, b]$, then the previous formula implies that

$$(9.3) \quad \Lambda_{\mathcal{P}} \leq \int_a^b |p'(u)| du.$$

Hence

$$(9.4) \quad \Lambda \leq \int_a^b |p'(u)| du.$$

To get the opposite inequality, one can use uniform continuity of p' on $[a, b]$ to approximate the Riemann sums of the integral by $\Lambda_{\mathcal{P}}$'s.

There are analogous statements for the metric d_N associated to a norm N on \mathbf{R}^n . Any norm on \mathbf{R}^n is bounded by a constant multiple of the standard norm, which implies that a continuously-differentiable curve $p : [a, b] \rightarrow \mathbf{R}^n$ is also Lipschitz with respect to the metric d_N on \mathbf{R}^n , and thus has finite length. The norm of the integral of a continuous \mathbf{R}^n -valued function is less than or equal to the integral of the norm of the function, as in the case of the Euclidean norm, and hence

$$(9.5) \quad N(p(r) - p(t)) \leq \int_r^t N(p'(u)) du$$

when $a \leq r \leq t \leq b$. This implies that

$$(9.6) \quad \Lambda_{\mathcal{P}} \leq \int_a^b N(p'(u)) du$$

for any partition \mathcal{P} of $[a, b]$, where $\Lambda_{\mathcal{P}}$ is now the approximation to the length of the curve corresponding to the metric d_N . Therefore

$$(9.7) \quad \Lambda \leq \int_a^b N(p'(u)) du,$$

and one can get the opposite inequality to conclude that

$$(9.8) \quad \Lambda = \int_a^b N(p'(u)) du$$

in the same way as for the Euclidean norm.

10 Compositions

Let $(M, d(x, y))$ and $(N, \rho(u, v))$ be metric spaces, and suppose that f is a Lipschitz mapping from M to N with constant $C \geq 0$. If p is a continuous mapping from $[a, b]$ into M , then the composition $f \circ p$ is a continuous mapping from $[a, b]$ into M . For each partition \mathcal{P} of $[a, b]$, the analogue of $\Lambda_{\mathcal{P}}$ for $f \circ p$ is bounded by C times $\Lambda_{\mathcal{P}}$ for p . It follows that $f \circ p$ has finite length if p has finite length, and that the length of $f \circ p$ is bounded by C times the length of p .

Suppose that α, β are also real numbers such that $\alpha \leq \beta$, and that ϕ is a one-to-one continuous mapping of $[\alpha, \beta]$ onto $[a, b]$. Thus ϕ maps every partition \mathcal{P} of $[\alpha, \beta]$ to a partition $\phi(\mathcal{P})$ of $[a, b]$, and every partition of $[a, b]$ is of the form $\phi(\mathcal{P})$ for some partition \mathcal{P} of $[\alpha, \beta]$. The approximation to the length of $p \circ \phi$ associated to a partition \mathcal{P} of $[\alpha, \beta]$ is equal to the approximation to the length of p associated to the corresponding partition $\phi(\mathcal{P})$ of $[a, b]$. It follows that $p : [a, b] \rightarrow M$ has finite length if and only if $p \circ \phi : [\alpha, \beta] \rightarrow M$ does, in which event the lengths are the same.

Now suppose that ϕ is a monotone increasing continuous mapping from $[\alpha, \beta]$ onto $[a, b]$. If $\alpha \leq \rho \leq \tau \leq \beta$ and $\phi(\rho) = \phi(\tau)$, then ϕ is constant on $[\rho, \tau]$. Although the correspondence between partitions of $[\alpha, \beta]$ and $[a, b]$ is a little more complicated, the approximations to the lengths of p and $p \circ \phi$ still match up, because the intervals on which ϕ is constant only add terms equal to 0 to the approximations to the length of $p \circ \phi$. Consequently, p has finite length if and only if $p \circ \phi$ does, and the lengths are again the same.

One can also consider the composition $p \circ \phi$ when ϕ is a continuous mapping from $[\alpha, \beta]$ onto $[a, b]$ which may not be monotone. If $p \circ \phi$ has finite length, then one can check that p has finite length, and that the length of p is less than or equal to the length of $p \circ \phi$. It is easy to have strict inequality, because ϕ may retrace parts of $[a, b]$ more than once. For example, if M is the real line and p is the identity mapping, then $\phi = p \circ \phi$ may have unbounded variation or total variation strictly greater than $b - a$.

11 Refinements and subintervals

Let $(M, d(x, y))$ be a metric space, and let p be a continuous mapping from a closed interval $[a, b]$ in the real line into M . A partition \mathcal{P}_2 of $[a, b]$ is said to be a *refinement* of another partition \mathcal{P}_1 of $[a, b]$ if each point in \mathcal{P}_1 is also in \mathcal{P}_2 . If $\Lambda_{\mathcal{P}_1}$, $\Lambda_{\mathcal{P}_2}$ are the corresponding approximations to the length of p , then one can use the triangle inequality to show that

$$(11.1) \quad \Lambda_{\mathcal{P}_1} \leq \Lambda_{\mathcal{P}_2}.$$

Note that for every pair of partitions \mathcal{P} , \mathcal{P}' of $[a, b]$, there is a partition \mathcal{P}'' of $[a, b]$ which is a refinement of both \mathcal{P} and \mathcal{P}' .

If a_1, b_1 are real numbers such that $a \leq a_1 \leq b_1 \leq b$, then every partition of $[a_1, b_1]$ can be extended to a partition of $[a, b]$. The approximation to the length of p on $[a_1, b_1]$ corresponding to the first partition is less than or equal to the approximation to the length of p on $[a, b]$ that corresponds to the second partition. If p has finite length on $[a, b]$, then it follows that the restriction of p to $[a_1, b_1]$ has finite length less than or equal to the length of p on $[a, b]$. Let the length of p on $[a_1, b_1]$ be denoted $\Lambda(a_1, b_1)$, so that the previous statement is expressed by the inequality

$$(11.2) \quad \Lambda(a_1, b_1) \leq \Lambda(a, b).$$

For each $r \in [a, b]$,

$$(11.3) \quad \Lambda(a, r) + \Lambda(r, b) = \Lambda(a, b).$$

Any partitions of $[a, r]$ and $[r, b]$ can be combined to get a partition of $[a, b]$, and the sum of the corresponding approximations to $\Lambda(a, r)$ and $\Lambda(r, b)$ is an approximation to $\Lambda(a, b)$, which implies that $\Lambda(a, r) + \Lambda(r, b) \leq \Lambda(a, b)$. Every partition of $[a, b]$ has a refinement of this form, which implies the opposite inequality. The same argument shows that p has finite length on $[a, b]$ when its restrictions to $[a, r]$ and $[r, b]$ have finite length.

As a function of r on $[a, b]$, $\Lambda(a, r)$ is monotone increasing, and one can also show that $\Lambda(a, r)$ is continuous. It suffices to check that $\Lambda(a, r)$ is continuous from the left, and that $\Lambda(r, b)$ is continuous from the right. To do this, it is helpful to consider partitions of $[a, r]$ and $[r, b]$ for which the corresponding approximations to the length are close to the supremum, and to use the previous remarks about refinements of partitions. The continuity of p is also important here, to limit the effect of a term in the sums involving r .

12 Curves of minimal length

Let $(M, d(x, y))$ be a metric space, and suppose that $p : [a, b] \rightarrow M$ is a continuous curve of finite length. If $\Lambda(a, r)$ is the length of the restriction of p to $[a, r]$, then there is a continuous mapping $q : [0, \Lambda(a, b)] \rightarrow M$ such that $q(\Lambda(a, r)) = p(r)$. The main point is that $p(r)$ is constant on any interval on which $\Lambda(a, r)$ is constant, so that q is well-defined. Moreover, q is Lipschitz with

constant 1, because the distance between the endpoints of a curve is less than or equal to the length of the curve.

If closed and bounded subsets of M are compact, then there is a continuous curve of minimal length connecting any pair of elements of M for which there is a continuous curve of finite length. Using the observation in the preceding paragraph and a linear change of variables on the real line, it is enough to show that there is a Lipschitz mapping from the unit interval $[0, 1]$ into M connecting the two points whose Lipschitz constant is as small as possible. One starts with a sequence of Lipschitz mappings from $[0, 1]$ into M connecting the two points whose Lipschitz constants tend to the infimum. The Arzela-Ascoli theorem implies that a subsequence of this sequence converges uniformly to a Lipschitz mapping on $[0, 1]$ with minimal Lipschitz constant.

For example, line segments in \mathbf{R}^n yield paths of minimal length for the standard metric, or for the metric associated to any norm. In any metric space, the length of a path is greater than or equal to the distance between the endpoints of the path. If the length of the path is equal to the distance between the endpoints, then the path automatically has minimal length. This is exactly what happens for line segments in \mathbf{R}^n with respect to any norm, although for some norms like $\|\cdot\|_1$ and $\|\cdot\|_\infty$ there are other paths of minimal length too.

A curve in the unit sphere in \mathbf{R}^n has finite length with respect to the Euclidean metric if and only if it has finite length with respect to the spherical metric, in which case the length of the curve is the same for both metrics. This is because the two metrics are approximately the same locally in such a precise way, and because one can use refinements of partitions to make sure that only local distances are used to determine the length of a path. An arc of a great circle in \mathbf{S}^{n-1} with length $\leq \pi$ has minimal length with respect to the spherical metric, because the distance between its endpoints is equal to its length. Such an arc therefore has minimal length with respect to the Euclidean metric as well.

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